

# How to put on & take off a USED mask



## Put on:

- 1 Sanitize hands
- 2 Grab mask by the ear loops
- 3 Lean forward; using the ear loops, place mask on over ears
- 4 Sanitize again

\* one mask per day; storage needed for eating/drinking

## Take off:

- 1 Sanitize hands
- 2 Lean forward and using the ear loops, remove mask
- 3 Take off mask, remembering front is dirty
- 4 Place mask clean side down on clean tray

\* make sure your tray is labeled

